

# Greenholm Primary School Menu

## WEEK ONE

### Monday

Fish Fingers  
Vegetable Samosa  
Jacket Potatoes (Cheese/Beans)  
Wraps/Sandwiches/Baguettes

Potatoes Cubes  
Creamed Potatoes  
Broccoli  
Sweetcorn

Chocolate Crunch  
Custard  
Fresh Fruit Salad  
Yoghurt

### Tuesday

Chicken Meatballs in  
Tomato sauce  
Quorn Burgers  
Jacket Potatoes (Cheese/Beans)  
Wraps/Sandwiches/Baguettes

Spaghetti  
Creamed Potatoes  
Carrots  
Peas

Iced Sponge  
Custard  
Fresh Fruit Salad  
Yoghurt

### Wednesday

Beef Lasagne  
Vegetable Lasagne  
Fish Goujons  
Jacket Potatoes (Cheese/Beans)  
Wraps/Sandwiches/Baguettes

Garlic Bread  
Creamed Potatoes  
Sweetcorn  
Green Beans

Sponge cake with Buttercream  
Custard  
Fresh Fruit Salad  
Yoghurt

### Thursday

Roast Chicken / Quorn Roast  
with Yorkshire pudding  
Cheese and Red Onion Flan  
Wraps/Sandwiches/Baguettes

Roast Potatoes  
Creamed Potatoes  
Sprouts  
Carrots  
Broccoli

Strawberry Mousse  
Fresh Fruit Salad  
Yoghurt

### Friday

Cheese & Tomato Pizza  
(pepperoni optional)  
Chicken Burger on a Bun  
Sandwiches/Baguettes

Chips  
Beans  
Sweetcorn

Chocolate chip muffins  
Fruit squash / milk  
Fresh Fruit Salad  
Yoghurt

Salad selection is available daily as an alternative to vegetables. Fresh drinking water, or milk and homemade chunky bread is also available daily

No fish is served from the Marine Stewardship Council 'Fish To Avoid List' Fair-trade products – We use fairtrade bananas and fruit Juice Free Range eggs are used in our recipes.

Where possible our meat, fruit and vegetables are locally sourced (Subject to Availability)

# Greenholm Primary School Menu

## WEEK TWO

### Monday

Fish (Pollack)  
Cheese & Potato Pie  
Jacket Potatoes (Cheese/Beans)  
Wraps/Sandwiches/Baguettes

Potatoes Cubes  
Creamed Potatoes  
Beans  
Peas

Chocolate coated Flapjack  
Custard  
Fresh Fruit Salad  
Yoghurt

### Tuesday

Chicken Curry  
Vegetable Curry  
Fish Goujons  
Jacket Potatoes (Cheese/Beans)  
Wraps/Sandwiches/Baguettes

Basmati Rice  
Naan Bread  
Creamed Potatoes  
Sweetcorn  
Green Beans

Iced Sponge  
Custard  
Fresh Fruit Salad  
Yoghurt

### Wednesday

Chicken Pasta Bake in a creamy  
sauce  
Fish Cakes  
Jacket Potatoes (Cheese/Beans)  
Wraps/Sandwiches/Baguettes

New Potatoes  
Creamed Potatoes  
Broccoli  
Carrots

Chocolate Cookie  
Milkshake  
Fresh Fruit Salad  
Yoghurt

### Thursday

Roast Pork  
Quorn Roast  
Cheese and Onion Rolls  
Wraps/Sandwiches/Baguettes

Roast Potatoes  
Creamed Potatoes  
Carrots  
Sweetcorn

Ice-Cream  
Fresh Fruit Salad  
Yoghurt

### Friday

Cheese & Tomato Pizza  
(pepperoni optional)  
Beef Burger in a Bun  
Sandwiches/Baguettes

Chips  
Beans  
Sweetcorn

Chocolate Cracknell  
Fruit Squash/Milk  
Fresh Fruit Salad

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# Greenholm Primary School Menu

## WEEK THREE

### Monday

Birds Eye Chicken Dippers  
Vegetable Pasta Bake  
Jacket Potatoes (Cheese/Beans)  
Wraps/Sandwiches/Baguettes

Potatoes Cubes  
Creamed Potatoes  
Carrots  
Sweetcorn

Shortbread  
Custard  
Fresh Fruit Salad  
Yoghurt

### Tuesday

Pork Sausages  
Vegan Sausages  
Macaroni Cheese  
Jacket Potatoes (Cheese/Beans)  
Wraps/Sandwiches/Baguettes

Hash Rounds  
Creamed Potatoes  
Beans  
Peas

Iced Sponge  
Custard  
Fresh Fruit Salad  
Yoghurt

### Wednesday

Beef Bolognese  
Quorn Bolognese  
Fish (Pollack)  
Jacket Potatoes (Cheese/Beans)  
Wraps/Sandwiches/Baguettes

Spaghetti  
Creamed Potatoes  
Carrots  
Sweetcorn

Chocolate sponge with butter-cream  
Custard  
Fresh Fruit Salad  
Yoghurt

### Thursday

Roast Beef / Quorn Roast with  
Yorkshire pudding  
Cheese & Broccoli Pasta Bake  
Wraps/Sandwiches/Baguettes

Roast Potatoes  
Creamed Potatoes  
Carrots/romani beans/broccoli  
Sweetcorn

Golden Oat Biscuit  
Milk Drink  
Fresh Fruit Salad  
Yoghurt

### Friday

Cheese & Tomato Pizza  
(pepperoni optional)  
Pork Sausage Roll  
Sandwiches/Baguettes

Chips  
Beans  
Sweetcorn

Doughnuts  
Fruit Squash/Milk  
Fresh Fruit Salad  
Yoghurt

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