

Greenholm Primary School Menu

WEEK ONE

Monday

Sweet and Sour Chicken
Crispy Haddock Grill

Jacket Potatoes with Assorted
Fillings

Freshly Prepared Wraps,
Sandwiches or Baguettes

Steamed rice
Creamed Potatoes
Broccoli
Sweetcorn

Homemade Apple Crumble
Chocolate Crunch with
Custard
Fresh Fruit
Low Fat Yoghurt

Tuesday

Oven Baked Pork Sausage
Vegan Sausage
Homemade Cauliflower
Cheese

Jacket Potatoes with Assorted
Fillings

Freshly Prepared Wraps,
Sandwiches or Baguettes

Jersey Mids
Creamed Potatoes
Carrots
Peas

Homemade Orange and
Lemon Cake with Custard
Fresh Fruit

Low Fat Yoghurt

Wednesday

Homemade Lamb Lasagne
Vegetable Lasagne
Fish Goujons

Jacket Potatoes with Assorted
Fillings

Freshly Prepared Wraps,
Sandwiches or Baguettes

Garlic Bread
Creamed Potatoes
Sweetcorn
Green Beans

Homemade Shortbread with
Custard
Fresh Fruit

Low Fat Yoghurt

Thursday

Roast Chicken with Yorkshire
Pudding
Quorn Roast
Cheese Pasty

Jacket Potatoes with Assorted
Fillings

Freshly Prepared Wraps,
Sandwiches or Baguettes

Roast Potatoes
Creamed Potatoes
Sprouts, Sliced Carrots
Broccoli

Homemade Fudge Brownie
Milk Drink
Fresh Fruit

Low Fat Yoghurt

Friday

Pizza with toppings
Homemade Fisherman's Pie

Jacket Potatoes with Assorted
Fillings

Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Chips
Baked Beans
Peas

Chocolate Muffins
Fruit Juice
Fresh Fruit

Low Fat Yoghurt

Salad selection is available daily as an alternative to vegetables. Fresh drinking water, or milk and homemade chunky bread is also available daily

No fish is served from the Marine Stewardship Council 'Fish To Avoid List' Fair-trade products – We use fairtrade bananas and fruit Juice Free Range eggs are used in our recipes.

Where possible our meat, fruit and vegetables are locally sourced (Subject to Availability)

Greenholm Primary School Menu

WEEK TWO

Monday

Crispy Fish Fingers
Vegetable Samosa

Jacket Potatoes with Assorted

Fillings

Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Pasta in Tomato Sauce
Peas
Carrots

Homemade Flapjacks and
Fruity Flapjacks with Custard
Fresh Fruit

Low Fat Yoghurt

Tuesday

Homemade Chicken Curry
Vegetable Curry
Cheese and Potato Pie

Jacket Potatoes with Assorted

Fillings

Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Basmati Rice
Naan Bread
Sweetcorn, Peas

Homemade Iced Sponge with
custard
Fresh Fruit

Wednesday

Tasty Lamb and Vegetable Pie
Oven Baked Breaded Fish

Jacket Potatoes with Assorted

Fillings

Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Jersey Mids
Broccoli
Carrot and Swede Batons

Homemade Apple Pie
Chocolate Oat Cakes with
custard
Fresh Fruit
Low Fat Yoghurt

Thursday

Succulent Roast Gammon
Italian Style Pasta

Jacket Potatoes with Assorted

Fillings

Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Roast Potatoes
Sliced Green Beans
Sweetcorn, Peas

Homemade Mandarin
Cheesecake
Ice Cream
Fresh Fruit
Low Fat Yoghurt

Friday

Pizza with Toppings
Homemade
Chicken Grill

Jacket Potatoes with Assorted

Fillings

Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potato
Chips
Baked Beans
Peas

Chocolate Cracknell
Fruit Juice
Fresh Fruit

Low Fat Yoghurt

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WEEK THREE

Monday

Homemade Cheese and
Potato Pie
Chicken Goujons

Jacket Potatoes with Assorted
Fillings
Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Baked Diced Potatoes
Beans
Sweetcorn

Homemade Chocolate Crunch
And Apple Crumble with
Custard
Fresh Fruit
Low Fat Yoghurt

Tuesday

Tasty Pork Sausage
Vegan Sausage
Homemade Macaroni Cheese

Jacket Potatoes with Assorted
Fillings
Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Jersey Mids
Romano Beans
Broccoli Medley & Carrots

Homemade Iced Sponge
with Custard
Fresh Fruit
Low Fat Yoghurt

Wednesday

Homemade Beef Bolognaise
Quorn Bolognaise
Haddock Grill

Jacket Potatoes with Assorted
Fillings
Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Spaghetti
Mixed Vegetables
Sweetcorn

Homemade Banana Bread
Shortbread with Custard
Fresh Fruit
Low Fat Yoghurt

Thursday

Roast Chicken with Yorkshire
Pudding and Gravy
Quorn Roast
Cheese and Red Onion flan

Jacket Potatoes with Assorted
Fillings
Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Roast Potatoes
Broccoli, Cauliflower
Baby Carrots

Homemade Chocolate
Ribbons
Milk Drink
Fresh fruit
Low Fat Yoghurt

Friday

Pizza and Topping
Homemade Tuna Pasta Bake

Jacket Potato with Assorted
Fillings
Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Chips
Baked Beans
Peas

Homemade Chocolate Chip
Muffin
Fruit Juice
Fresh fruit
Low Fat Yoghurt

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WEEK FOUR

Monday

Moroccan Chicken
Fish Fingers

Jacket Potatoes with Assorted
Fillings
Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Steamed Rice
Sweetcorn
Peas

Homemade Flapjacks with
Custard
Fresh Fruit

Tuesday

Turkey Meatballs
Quorn Burger

Jacket Potatoes with Assorted
Fillings
Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Spaghetti
Vegetable Selection

Homemade Pineapple or Iced
Sponge with Custard
Fresh Fruit

Low Fat Yoghurt

Wednesday

Cottage Pie
Oven Baked
Lemon Sole Fish Bites

Jacket Potatoes with Assorted
Fillings
Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Jersey Mids
Carrot Batons
Broccoli

Fruity Shortcake Shortbread
with Custard
Fresh Fruit

Low Fat Yoghurt

Thursday

Juicy Roast Gammon
Homemade Cheesy Broccoli
and Pasta Bake

Jacket Potatoes with Assorted
Fillings
Freshly Prepared Wraps,
Sandwiches or Baguettes

Creamed Potatoes
Roast Potatoes
Sprouts
Sweetcorn
Peas

Homemade Anzac Biscuits
Milk Drink
Fresh Fruit

Low Fat Yoghurt

Friday

Pizza with Toppings
Homemade Mexican
Beef Chilli

Jacket Potatoes with Assorted
Fillings
Freshly Prepared Wraps,
Sandwiches or Baguettes

Chips
Savoury Rice
Baked Beans
Peas

Jam Doughnuts
Fruit Juice
Fresh Fruit

Low Fat Yoghurt

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