

PE and SPORT NEWSLETTER



This Autumn term, we began by introducing a unit on games. This was to encourage pupils to play together, developing physical, mental and social wellbeing, especially after the Pandemic. We learned and played new games which developed team building, co-ordination, co-operation, fairness and following rules.



A team of year 5/6 boys and girls attended a Sports Hall Athletics competition. This was the first time any of them had competed in the events. They competed as a team in javelin, obstacle relays, chest push and triple jump, to name a few.



Our year 5/6 boys and girls football teams took part in a football tournament at Goals. Both teams played their best whilst representing the school. Great team efforts.



The second half of the term, we began teaching and developing the skills of handball, hockey and dance. Children were able to learn new skills and build on previous knowledge, leading to competitive game situations and performances.

Next term, we will begin after school clubs with the involvement of our Change Makers, (selected year 5/6 children working on a Commonwealth Games Project). We will offer clubs such as Multi Skills, Team Games, Energy Club, Dodge ball, Table Tennis and Gymnastics. Our aim, is to provide sports and games to as many children as possible, the emphasis being physical, social and mental wellbeing and Fun.